



North Wales Deaf Association

E-bulletin, April 2016



North Wales Deaf Association

New Staff Members at NWDA

CORRECTION to last month's e-bulletin: Our new Access Officer is Lyndon Williams and our new Communication Service Co-ordinator is Hannah Wilson. Apologies for the mix-up.



Accessible Health Liaison Service

New information in BSL

Over on our website you will find 3 new videos in BSL signed by holy and Lyndon. The topics are:

Hospital Appointment Reminder Service – this is a service whereby BCUHB can remind you about your hospital appointment by sending you an SMS

Cancel your hospital appointment - need to cancel your hospital appointment? This explains why it's important to do so.

Antibiotics are not always the answer - Important information on why antibiotics may not be appropriate.

All of the videos can be found on our website under the "Information in BSL" section (<http://www.deafassociation.btck.co.uk/InformationinBSL/BSLhealthInformation>)



Information from Public Health Wales

Public Health Wales is calling on people in Wales to help tackle the growing problem of childhood obesity.

The **10 Steps to a Healthy Weight** is designed to support professionals and help families across Wales to help prevent childhood obesity.

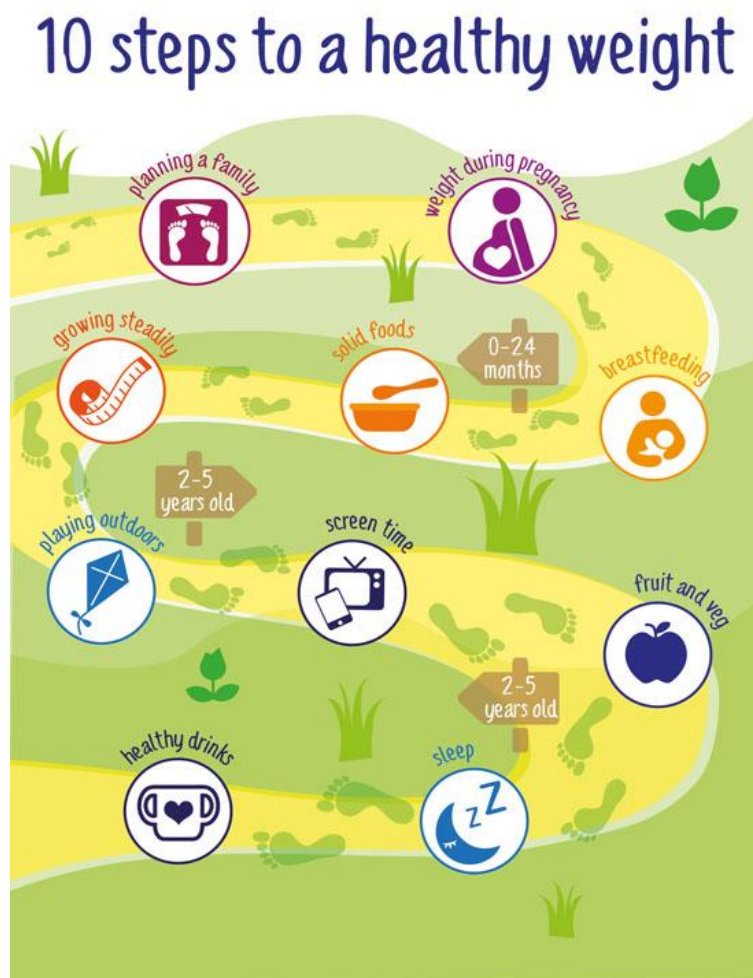
Currently 1 in 4 children in Wales are overweight or obese when they start school, which means they are more likely to be overweight as a teenager and as an adult.

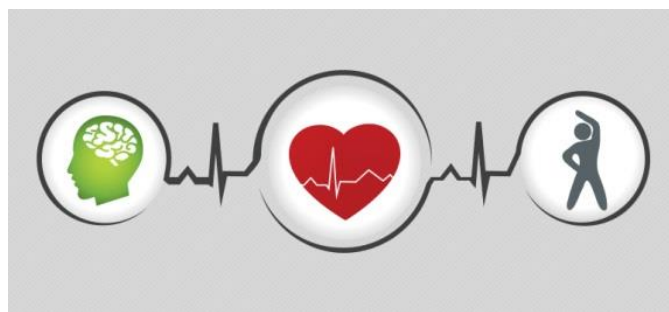
This also brings with it a number of health problems like asthma, low self-esteem and diabetes.

Public Health Wales has launched 10 Steps to a Healthy Weight which outlines the key factors that increase the likelihood of a child being a healthy weight when they start school.

The advice focuses on three age ranges – pre conception and pregnancy, 0-2 years and 2-5 years.

For more information go to <http://www.wales.nhs.uk/sitesplus/888/page/84909>





NWDA need your feedback!

Did you find any of the video clips on our website helpful or interesting? Have you changed anything because of it?

We need to know!!!

We make lots of these videos but don't know if you find them useful?

So, if you have watched them, and if you liked them or not, can you let us know?

You can send us a message on **Facebook** - <https://www.facebook.com/nwda.charity/?pnref=story>

You can leave a message on **Skype** – nwda.community

You can **Glide** us – Sarah NWDA

You can **email** us – health@deafassociation.co.uk

You can even send us a **letter**, it doesn't matter how you do it, but please take a couple of minutes to let us know.

Fundraising News

The North Wales Deaf Association

200 Club

This is an opportunity for everyone to get involved and support North Wales Deaf Association on a regular basis. Not only will you be supporting people with hearing loss throughout North Wales you will also have the chance to win prizes every month.

It may not be millions like the lottery, but you will have far better odds of being a winner!

This is how it works:

- Each member contributes £2 a month to the 200 Club by standing order.
- £1 out of every £2 goes to North Wales Deaf Association funds.
- The other £1 goes towards the monthly prizes.
- There are 2 prizes each month. The amount depends on the number of people in the club



If you wish to join the club please email Mike asking for a 200 club membership form. Just complete the form and return it to the address shown on the form.

Thanks for your support and Good Luck!

mike@deafassociation.co.uk

SUPPORTING PEOPLE WITH EPILEPSY IN WALES

YN HELPU POBL EFO EPILEPSI YNG NGHYSR

EPILEPSI CYMRU
EPILEPSY WALES

Grŵp Cefnogaeth Epilepsi Cymru

Pob ail Ddydd Iau'r mis

10.30 - 12.30

Caffi Hafan, Bangor

Ymunwch a ni am baned a sgwrs

Epilepsy Wales Support Group



Every second Thursday of the month

10.30 - 12.30

Hafan Café, Bangor

Join us for a cuppa and a chat

AM FWY O WYBODAETH CYSYLLTWCH

FOR MORE INFORMATION CONTACT

✉ info@epilepsy.wales

☎ 01978 312 325

Rhif Elusen Gofrestredig/Registered Charity Number 1059067

follow us on
 @epilepsywales

 Find us on
Facebook





Flintshire & Wrexham (Online Watch Link) Association

Pleased to announce our NEW Crime Prevention initiative available for People, Watch schemes and Community Safety Partners throughout North Wales

supported by

Police Crime Commissioner for North Wales & CyberCrime Team

'Card Minder Aluminium Pouches'

Helping in preventing contactless bank card/credit card fraud
'known as skimming or electronic pickpocketing'



low cost safeguarding initiative

£1.00 each

or

Special 'Good Neighbour' offer
buy 10 & get 3 free

AVAILABLE HERE : £1 per pouch - special 'Good Neighbour' offer buy 10 and get 3 free

For larger quantities and discounted prices contact:-

Flintshire & Wrexham (Online Watch Link) Association

Mold Police Station

King Street

Mold CH7 1EF Tel: 01352 708118 Email: watch@owlcymru.org

Community Safety Partners/Organisations & other types of watch scheme discounts contact above



(The performance advertised below is mostly in Welsh but suitable for Welsh learners)

MR BULKELEY O'R BRYNDDU

GAN/BY WYN BOWEN HARRIES

CWMNI PENDRAW,

GYDA CHYDWEITHREDIAD/WITH THE
COOPERATION OF THEATR BARA CAWS

THEATR EMLYN WILLIAMS, THEATR
CLWYD CYMRU, YR WYDDGRUG

Dydd Llun Ebrill 18/Mon 18 April 7.30pm

£11/Gostyngiadau/Concessions £9

Ar daith eto. Ail gyfle i weld y sioe wych hon!

Addasiad o Ddyddiaduron William Buckeley/An adaptation of the diaries of William Buckeley (1691 – 1760)

A second chance to see this most excellent entertainment!

Morladron, ymladd ceiliogod, Ustus Heddwch meddw a diamynedd: roedd gan fywyd yn y ddeunawfed ganrif ei rialtwch a'i anturiaethau, ei sialensiau a'i ddathliadau, ac mae'r cyfan yn cael ei adlewyrchu yn '*Mr Buckeley o'r Brynddu*'.

Mae dyddiaduron William Buckeley yn rhoi darlun gwych i ni o fywyd cefn gwlad, bywyd y bonheddwyr ac astudiaeth o'r tywydd yng nghanol y 18fed ganrif. Roedd bywyd William Buckeley fel opera sebon anhygoel. Nodwyd nifer o ganeuon yn y dyddiaduron ac fe gynhwysir digonedd o gerddoriaeth byw yn y perfformiad.



Pirates, cock-fighting, drunken judges; life in Eighteenth century Wales was riotous and adventurous, and had its highlights and challenges: all reflected in '*Mr Buckeley o'r*

Brynddu', a unique bilingual production touring Wales in April.

'Mr Buckeley o'r Brynddu' gives us a vivid picture of life and the weather in 18th century Wales. The production consists of excerpts from his diaries in William Buckeley's own words – in English. The context of the linking Welsh dramatic pieces is easily understood. Songs and music of the period mentioned in the diaries are an integral part of the production. Perfect for Welsh learners.

THE ABOVE PERFORMANCE IS SIGNED FOR THE DEAF BY JULIE ROBERTS

(Sgwrs am y tywydd a'r hisawdd ar ôl sioe/after show discussion on weather and climate Bar/Foyer)

Oedran/Age 11+

**** WHAT'S ON ****

A list of upcoming subtitled screenings and/or BSL performances.

VENUE CYMRU, Llandudno www.venuecymru.co.uk

Accessibility: Hynt Access card scheme – wheelchair user's parking spaces and access – infra-red loop system (reserve headset at booking)

HAIRSPRAY (BSL) – 7:30pm Thurs 14th April

THEATR COLWYN, Colwyn Bay www.theatrcolwyn.co.uk

Hynt access card scheme – disabled access and wheelchair spaces – Induction loop system

HAIL, CEASAR! (12a) – 7:30pm Tues 12th April

LONDON HAS FALLEN (15) – 7:30pm Tues 26th April

EDDIE THE EAGLE – 7:30pm Mon 9th May

THEATR CLWYD, Mold www.clwyd-theatr-cymru.co.uk

Disabled parking and wheelchair ramp – special price access tickets for one and a companion

RIDICULE (15) – 8:00pm Tues 26th April

YR YMADAWIAD (THE PASSING) – 8:00pm Wed 27th April



Information from Deaf Clubs in North Wales

Conwy County Deaf Club coffee morning

Every Tuesday from 10am till 1pm at NWDA Office, Conway Road, Colwyn Bay, LL29 7LN. Sarah will be on hand if you need any help or support from 10am till 12noon. £1 entrance including refreshments as much as you like.

Come along when you can to meet up with friends old and new and catch up with the news. Students learning BSL are very welcome to join in. All very welcome!

Rhyl Deaf Club

Meets on first and third Monday of each month at Hafan Deg, Grange Road, Rhyl
From 7pm to 10pm

Denbighshire Deaf Coffee Club

Meets every Friday afternoon from 2pm to 4pm at Hafan Deg, Grange Road, Rhyl
NWDA's Community Support Officer will be there for appointments

Mold Deaf Club

Meets at FLVC Offices, Corlan, Wrexham Road, Mold
Every Wednesday from 10am to 12 noon
Drovers Arms, Denbigh Road, Mold – Friday nights 7:30pm

Wrexham Deaf Club

Victoria Youth Centre, Hill Street, Wrexham, LL18 1SN
Thursday Coffee Morning from 10am

**The views expressed in this e-bulletin are not necessarily the views of
N.W.D.A. but those of the contributor.**

**If you no longer wish to receive e-bulletins, please e-mail
info@deafassociation.co.uk and type "unsubscribe e-bulletin" in the
subject box. Your e-mail address will be removed from our mailing list.**

North Wales Deaf Association

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